

Urinary Catheter Home Teaching Video; Facilitating Improved Patient Outcomes with Audio-Visual Tools

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Abstract Background Information: Our hospital institution frequently discharges patient's home with indwelling urinary catheters. Previously, the urinary catheter home care teaching consisted of a paper handout and a one-time demonstrated review with the discharge nurse. We found no audio-visual tools in regard to this education. We identified a need utilizing post-op phone calls for increased support in these patients' post-discharge, while caring for their catheter.

Objectives of Project: The objective of this project was to increase support with audio-visual education that patients can access while in the hospital and at home while caring for their urinary catheter.

Process of Implementation: Initially, our team identified the key stakeholders that would help us accomplish our goal. This team of stakeholders included PACU Staff RN's, PACU Management, Ambulatory Surgery RN's, Urology clinic staff, and Urology physicians. We held multiple meetings amongst the multi-disciplinary team to identify a plan, current patient perceived level of preparedness with teaching (prior to video), solidified best practices, and finally developed a video script with each stakeholder. After finalizing a script and receiving approval from management and central education, the teaching video was recorded, edited, and distributed.

Statement of Successful Practice: The development of the Urinary Catheter Home Teaching Video has improved both the discharge teaching process for not only the patients and their success at home, but the nurse as well. The video depicts all aspects of caring for a catheter including supplies, a how-to, cleanliness, and troubleshooting tips. Patients now have continual education material at home to answer any questions, post discharge to continue safe practice and handling. The teaching video also supplements the nurse's hands-on education with the patient pre discharge.

Implications for Advancing the Practice of Perianesthesia Nursing: In identifying a knowledge-gap during post-operative phone calls with continued education at home, the Urinary Catheter Home Teaching Video was developed. The creation of the video now gives the nursing staff a necessary tool to offer patients both pre and post-discharge. Our patients have an easy and accessible education video at home to help support a safe and manageable discharge, while having a urinary catheter.